

## Mott Community Center

12111 Braddock Road    Fairfax VA 22030    703-278-8605

Director                      Devin Thornton  
 Assistant Director        Carmen Gibson  
 Assistant Director        Lauren Krebs  
 Assistant Director        Louis Mastria  
 Computer Clubhouse Manager    Mr. Alvaro Luna



**Operating Hours**  
 Monday-Saturday 9 AM-9 PM

[www.fairfaxcounty.gov/ncs](http://www.fairfaxcounty.gov/ncs)

Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

### June 2016

#### Programs

Program	When	Time	Description
After School	Monday-Friday	3:00-7:00 PM	After school program includes mentoring and team building activities.
Teen Center	Monday-Friday	3:00-9:00 PM	Fun and engaging activities for teens.
Braddock Road Seniors	Wednesday	11:30 AM-2:00 PM	Activities and trips for Seniors club (with monthly dues). Last day June 15.
RecQuest	Monday - Friday	8:30 AM-4:30 PM	June 27 - Sept 2 Summer Program for students entering grades 1-6 in the fall. Preregistration Required. Sliding scale fee.

#### Classes

Class	When	Time	Description
Karate	Saturday	10:30 AM-12:30 PM	Students will learn proper techniques and fundamentals of karate and self defense. *
Karate	Monday, Wednesday	6:00-7:30 PM	Students will learn proper techniques and fundamentals of karate and self defense. *
Jazzercise	Saturday	9:00 AM-10:00 AM	Adult class includes cardio workout and pleasant social experience. *
Jazzercise	Tuesday, Thursday	6:30 PM-7:30 PM	Adults class includes cardio workout and pleasant social experience. *
Jazzercise	Mon, Tues, Wed, Fri	9:45-10:45 AM	Adults class; cardio workout/pleasant social experience. End date for morning classes is June 23. *
Senior Line Dancing	Thursday	9:00 AM-2:00 PM	Senior line dance: Registration Required. Last Day @ Mott June 16.
Senior Line Dancing	Wednesday	11:00 AM-1:00 PM	Senior line dance: Drop In Class. Last Day June 15.
Open Gym Night	Friday June 10, 24	6:30-9:00 PM	Open gym for teen and adult community members ( <b>please call ahead, rental may be scheduled</b> ).
Aldo Dance	Friday June 3, 17	6:30-8:30 PM	Exciting Peruvian dance group that meets on Fridays.
Senior Yoga	Monday	11:00 AM-Noon	Traditional Yoga class with the option of chair modifications for seniors. Registration Required. Ends June 20.
Senior Walking Club	Monday	Noon-1:00 PM	Group will walk laps at a moderate pace around the gym, or track behind Mott. Registration Required. Ends June 20.
Silver Surfers(Beginner)	Mondays	10:00-11:30 AM	Introduction to computer use and other devices for seniors. Registration Required. Ends June 20
Silver Surfers(Intermediate)	Tuesdays	12:15-1:15 PM	Intermediate computer instruction for seniors. Registration Required. Ends June 21.
Senior Acrylic Art Class	Tuesdays	10:00 AM-Noon	Topics: Fundamentals of drawing to completing acrylic paintings. Ends June 21.
Senior Healthy Cooking Class	Thursdays	Noon-1:00 PM	Easy cooking demos along with discussions about nutrition and wellness for seniors. Registration Required. Ends June 16.
Zumba	Thursdays	7:45-8:45 PM	An intense cardio dance class to rhythmic Latin music; open to teens and adults.

#### Special Events/Trips

Community Yard Sale	Saturday, June 4	10:00 AM-2:00 PM	Tables available for reservation, \$5 per table - you keep the profits! Call Mott to register. 703.278.8605
Senior Sendoff Cookout	Wednesday, June 15	11:30 AM-1:30 PM	End of Year party for Senior participants. RSVP Presentation @ 11:30 AM, Cookout food served at 12:30 PM

#### Community Meetings

Meeting	When	Time	Description
Mott Center Leadership Team	4th Tuesday of the Month	6:30 - 8:00PM	The Mott Community Center Leadership team meets once a month

\* Fee